# Healthy Vision 2010: Making Vision a Health Priority

**Eye Disease** 



Healthy Vision 2010 is...

# Vision is an essential part of everyday life.







### Healthy Vision 2010 includes...

- Examination and prevention
- Eye disease
- Injury and safety
- Vision rehabilitation

# Healthy Vision 2010 eye disease objectives

- Reduce visual impairment due to diabetic retinopathy.
- Reduce visual impairment due to glaucoma.
- Reduce visual impairment due to cataract.

### What is diabetic retinopathy?

- Diabetic retinopathy is a complication of diabetes.
- Diabetic retinopathy is a leading cause of blindness.
- Diabetic retinopathy often has no early warning signs.

People with diabetes should have a comprehensive dilated eye exam at least once a year.

### What is glaucoma?

- Glaucoma is a group of diseases that can damage the optic nerve of the eye and result in vision loss.
- Glaucoma has no warning signs.
- Glaucoma causes vision loss, even blindness, when left untreated.

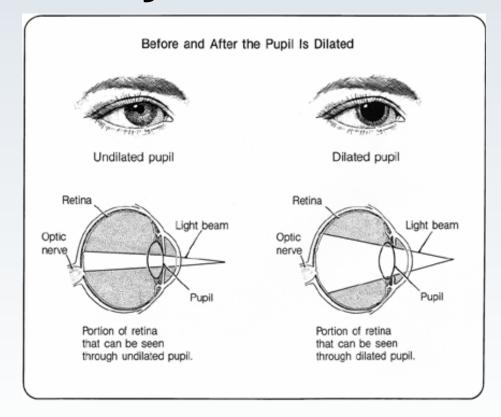
# People at risk for glaucoma need a comprehensive dilated eye exam at least once every 2 years.

#### What is a cataract?

- Cataract is a clouding of the lens of the eye that causes vision problems.
- The most common type of cataract is related to aging.

# Cataract can be detected through a comprehensive dilated eye exam.

# What is a dilated eye exam?



### **How Healthy Vision 2010 works**

Healthy Vision 2010 challenges individuals, communities, and professionals—indeed, all of us—to take specific steps to improve the eye health of people living in the United States through prevention, early detection, timely treatment, and rehabilitation.

### You can help

- Begin at home
- Become an advocate
- Start something in your community

#### You can help

- Use the Healthy Vision 2010 resources
- Add the logo to your Website
- Identify partners to work with you



#### Share in the success of



### Visit the Healthy Vision 2010 Website

www.healthyvision2010.org

### Join the Healthy Vision 2010 Consortium

www.healthyvision2010.org/about hv/join.asp

#### **Contact the National Eye Institute**

National Eye Institute
National Institutes of Health
2020 Vision Place

Bethesda, MD 20892-3655

Telephone: 301-496-5248

E-mail: 2020@nei.nih.gov

Website: www.nei.nih.gov



### Making Vision a Health Priority

